NOVEMBER 2026

CHESAPEAKE VOYAGERS, INC. (CVI)
WELLNESS & RECOVERY CENTER/PEER SUPPORT

EVERYONE is welcome here!

you are NOT ALONE in this.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	**Chesapeake Voyagers' Anne Arundel location is open in Annapolis!** We promote wellness and recovery by providing resources, education, and a strong support network to adults who are living with and are working to overcome challenges associated with mental health and/or addiction. **Our services are free and do not require insurance or a referral.**		4 **11 AM** Emotions Anonymous - In Person & Online **1 PM** Creative Living	5 **12 PM** Lunch & Bingo **1:30 PM** Overcoming Depression & Anxiety	6 **11 AM** Practicing Positivity **1 PM** Grief Group	7
8			11 **11 AM** Emotions Anonymous - In Person & Online **1 PM** Creative Living	12 **CLOSED** **Trip to Arundel Mills Mall** Call to sign up	13 **11 AM** Practicing Positivity **1 PM** Grief Group	14
15			18 **Decades Day** **11 AM** Emotions Anonymous - In Person & Online **1 PM** Creative Living	19 **Funky Hair Day** **12 PM** Lunch & Bingo **1:30 PM** Overcoming Depression & Anxiety	20 **Sports Day** **11 AM** Practicing Positivity **1 PM** Grief Group	21
			25 **11 AM** Emotions Anonymous - In Person & Online **1 PM** Creative Living	26 **CLOSED** Happy Thanksgiving	27 **CLOSED**	28
29	30 Spirit Week! Show your community spirit by participating in our fun themed days on the **18th, 19th and 20th!**					

ANNE ARUNDEL LOCATION HOURS

Wednesday: 10 AM-4 PM
Thursday: 10 AM-4 PM
Friday 10 AM-4 PM

ANNE ARUNDEL LOCATION
132 Holiday Court
Suite 210
Annapolis, MD 21401
410-266-8509

GIVE THANKS

Chesapeake Voyagers, Inc. – Anne Arundel County Location

We are open on a walk-in basis and everyone is welcome!

An Online Support Group is available through Zoom and by Phone!!

Use this link: https://app.zoom.us/wc/join and put in the Meeting ID

Emotions Anonymous on Wednesdays @ 11 am
– Use Meeting ID # 832 9118 3487 or to join by phone, call 301-715-8592

For questions or help with signing on, call 410-266-8509

What is Peer Support?

Peer support begins and ends with the individual. We look at the "whole" person, not just one aspect, such as an addiction or Mental Health issue. By understanding and respecting each individual's worldview, establishing a connection, meeting them where they are on their terms and encouraging them to move towards accomplishing goals, we empower each other to practice self-directed care and ultimately, achieve the life desired. The foundation of Peer Support is shared lived experiences. Peer support Specialists are those who are currently or have in the past lived with a mental health and/or addiction/substance use issue. This gives them the best starting point from which to offer support, their own life experience. Only those who have been through something in life can fully understand what that experience is like. We understand that we don't have all the answers! We are on this road of recovery, just the same as everyone else. We are not "above you" or in "authority over you". No one knows what you need at any given moment, better than you. We can however, come beside you to listen, support, and offer resources that can help you on your individual journey.