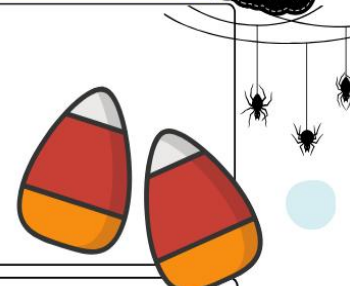


OCTOBER 2026

CHESAPEAKE VOYAGERS, INC. (CVI) WELLNESS & RECOVERY CENTER/PEER SUPPORT

EVERYONE
is welcome here!

"you are"
NOT ALONE
"in this."

Sun	Mon	Tue	Wed	Thu	Fri	Sat
ANNE ARUNDEL LOCATION HOURS Wednesday: 10 AM-4 PM Thursday: 10 AM-4 PM Friday 10 AM-4 PM			ANNE ARUNDEL LOCATION 132 Holiday Court Suite 210 Annapolis, MD 21401 410-266-8509	1 12 PM Lunch & Bingo 1:30 PM Overcoming Depression & Anxiety	2 11 AM Practicing Positivity 1 PM Arts & Crafts	3 
4 	Chesapeake Voyagers' Anne Arundel location is open in Annapolis! We promote wellness and recovery by providing resources, education, and a strong support network to adults who are living with and are working to overcome challenges associated with mental health and/or addiction. Our services are free and do not require insurance or a referral.			7 11 AM Emotions Anonymous - In Person & Online 1 PM Creative Living	8 11 AM Presentation: Financial Wellness with Shore United Bank 12 PM Lunch & Bingo 1:30 PM Overcoming Depression & Anxiety	9 11 AM Practicing Positivity 1 PM Arts & Crafts
11 				14 11 AM Emotions Anonymous - In Person & Online 1 PM Creative Living	15 CLOSED Trip to National Zoo in DC 	16 11 AM Practicing Positivity 1 PM Arts & Crafts
18 				21 11 AM Emotions Anonymous - In Person & Online 1 PM Presentation by Anne Arundel County Public Library	22 12 PM Lunch & Bingo 1:30 PM Overcoming Depression & Anxiety	23 11 AM Practicing Positivity 1 PM Arts & Crafts
25 				28 11 AM Emotions Anonymous - In Person & Online 1 PM Creative Living	29 12 PM Lunch & Bingo 1:30 PM Overcoming Depression & Anxiety	30 11 AM Practicing Positivity 1 PM Arts & Crafts
					31 	

Chesapeake Voyagers, Inc. – Anne Arundel County Location

We are open on a walk-in basis and everyone is welcome!

An Online Support Group is available through Zoom and by Phone!!

Use this link: <https://app.zoom.us/jc/83291183487> and put in the Meeting ID

Emotions Anonymous on Wednesdays @ 11 am

– Use Meeting ID # 832 9118 3487 or to join by phone, call 301-715-8592

For questions or help with signing on, call 410-266-8509

What is Peer Support?

Peer support begins and ends with the individual. We look at the “whole” person, not just one aspect, such as an addiction or Mental Health issue. By understanding and respecting each individual’s worldview, establishing a connection, meeting them where they are on their terms and encouraging them to move towards accomplishing goals, we empower each other to practice self-directed care and ultimately, achieve the life desired. The foundation of Peer Support is shared lived experiences. Peer support Specialists are those who are currently or have in the past lived with a mental health and/or addiction/substance use issue. This gives them the best starting point from which to offer support, their own life experience. Only those who have been through something in life can fully understand what that experience is like. We understand that we don’t have all the answers! We are on this road of recovery, just the same as everyone else. We are not “above you” or in “authority over you”. No one knows what you need at any given moment, better than you. We can however, come beside you to listen, support, and offer resources that can help you on your individual journey.