

May 2026

# CHESAPEAKE VOYAGERS, INC. (CVI) WELLNESS & RECOVERY CENTER/PEER SUPPORT

EVERYONE is welcome here!

you are NOT ALONE in this.

Sun Mon Tue Wed Thu Fri Sat

## MIDSHORE LOCATION HOURS

Monday: 12PM-4:30PM Friday: 10AM-4:30PM  
Tuesday: 10AM-4:30PM Saturday: Varies  
Wednesday: 10 AM-8PM  
Thursday: 10AM-8PM

MIDSHORE LOCATION  
607 Dutchman's Lane  
Easton, MD 21601

📞 410-822-1601

**1 CLOSED**

Please join us for the Grand Opening of our Anne Arundel location in Annapolis from 4-6:30 PM

**2 10 AM-2 PM**  
Saturday YAP!  
Come Hang Out!



3

**4 12:30 PM Lunch**  
**1 PM Dyan's Story**



**3 PM Game Hour**

**5 11 AM Emotions**  
Anonymous - In Person & Online  
**1 PM Arts and Crafts**  
**CLOSING EARLY @ 2 PM**

New!

**6 12 PM Bingo**  
**2:30 PM Women's Group**  
**5-8 PM YAP**  
Dinner, Group & Activity!

**7 12:30 PM Problem Solving**  
**2:30 PM Overcoming Depression & Anxiety** - In Person & Online  
**5-8 PM YAP Dinner, Group & Activity!**

**8 11 AM Men's Group**  
**1 PM Practicing Positivity**  
**3 PM Coffee, Goodies, Conversation**

New!

**9 9 AM-12 PM**  
Breakfast & Get Together with friends

10

**11 Movie Day**  
**1 PM The Land Before Time**  
**3 PM Game Hour**



**12 11 AM Emotions**  
Anonymous - In Person & Online  
**1 PM Music Group**  
**2:30 PM Trauma Resiliency**

**13 CLOSED**  
**14 CLOSED**  
Attending the On Our Own of Maryland Conference in Ocean City

**15 11 AM Experiencing Life**  
**1 PM Practicing Positivity**  
**3 PM Coffee, Goodies, Conversation**

**16 10 AM-2 PM**  
Saturday YAP!  
Come Hang Out!

17

**18 12:30 PM Lunch**  
**1 PM Doug's Story**  
**3 PM Game Hour**



**19 11 AM Emotions**  
Anonymous - In Person & Online  
**1 PM Arts and Crafts**  
**2:30 PM Trauma Resiliency**

**20 12 PM Bingo**  
**2:30 PM Women's Group**  
**5-8 PM YAP**  
Dinner, Group & Activity!

**21 12:30 PM Problem Solving**  
**2:30 PM Overcoming Depression & Anxiety** - In Person & Online  
**5-8 PM YAP Dinner, Group & Activity!**

**22 11 AM Men's Group**  
**1 PM Practicing Positivity**  
**3 PM Coffee, Goodies, Conversation**

FREE

**10 AM - 2 PM**  
CAR WASH

Donations Appreciated!

24  
31

**25 CLOSED**  
  
**HAPPY MEMORIAL DAY**

**26 11 AM Emotions**  
Anonymous - In Person & Online  
**1 PM Music Group**  
**2:30 PM Trauma Resiliency**

**27 12 PM Bingo**  
**2:30 PM Creative Living**  
**5-8 PM YAP**  
Dinner, Group & Activity!

**28 12:30 PM Problem Solving**  
**2:30 PM Overcoming Depression & Anxiety** - In Person & Online  
**YAP Trip: Dinner & a Movie! Depart @ 4 PM**

**29 11 AM Experiencing Life**  
**1 PM Practicing Positivity**  
**3 PM May Birthdays Celebration**

**30 10 AM-2 PM**  
Saturday YAP!  
Come Hang Out!

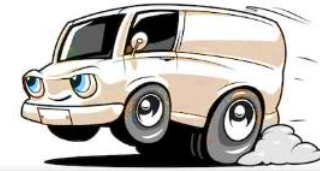


# Chesapeake Voyagers, Inc. – Talbot County Location

**We are open on a walk-in basis and everyone is welcome!**

**We now provide transportation during our daytime hours to and from CVI Monday–Friday if you live in Caroline, Dorchester, Kent, Queen Annes’s or Talbot County.**

- **To be picked up, you must call 24 hours in advance.**
- **To sign up for transportation, please call 410-443-6281**



**Online Support Groups are available through Zoom and by Phone!!**

**Use this link: <https://app.zoom.us/jc/join> and put in the meeting ID**

**Emotions Anonymous on Tuesdays @ 11 am – Use Meeting ID# 872 2311 6878**

**Overcoming Depression & Anxiety on Thursdays @ 2:30 pm – Use Meeting ID# 812 6325 9534 or to join by phone, call 301-715-8592 (phone number for both)**

**For questions or help with signing on, call 410-822-1601**

## **What is Peer Support?**

**Peer support begins and ends with the individual. We look at the “whole” person, not just one aspect, such as an addiction or Mental Health issue. By understanding and respecting each individual’s worldview, establishing a connection, meeting them where they are on their terms and encouraging them to move towards accomplishing goals, we empower each other to practice self-directed care and ultimately, achieve the life desired. The foundation of Peer Support is shared lived experiences. Peer support Specialists are those who are currently or have in the past lived with a mental health and/or addiction/substance use issue. This gives them the best starting point from which to offer support, their own life experience. Only those who have been through something in life can fully understand what that experience is like. We understand that we don’t have all the answers! We are on this road of recovery, just the same as everyone else. We are not “above you” or in “authority over you”. No one knows what you need at any given moment, better than you. We can however, come beside you to listen, support, and offer resources that can help you on your individual journey.**